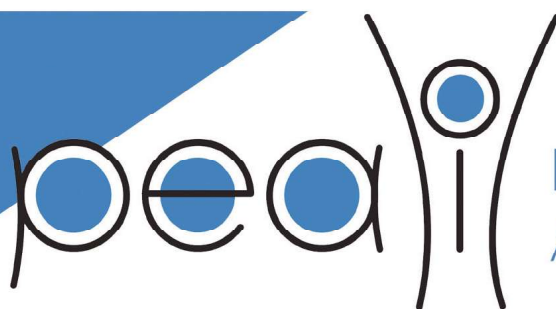


PEAI CONFERENCE, 2024

Making A Meaningful Difference



Physical Education
Association of Ireland

October 4th & 5th 2024

Venues:

Castletroy Park Hotel, Limerick, October 4th

University of Limerick, October 5th



PEAI PRESIDENT'S ADDRESS

A dhaoine uaisle uile, a mhúinteoirí agus a chomhghleacaithe,

Ba mhaith liom, ar mo shon féin agus ar son Cumann Corpoideachais na hÉireann fíorchaoín fáilte, a chur romhaibh chuig Comhdháil PEAI anseo i Luimneach. The first Saturday in October and our annual PEAI Conference remains the landmark CPD event for PE teachers across Ireland. A space to reconnect with old college friends as well as colleagues past and present. Perhaps more importantly, a unique opportunity to learn and draw inspiration from one another to the benefit of all our students.



I would like to acknowledge all those involved in the planning and preparation for this event, particularly the PEAI Executive Committee. A special thanks must go to our presenters and keynote speakers who have given so generously of their time and expertise. Míle buíochas also to our hosts and support staff here at the University of Limerick for the use of their facilities. I want to acknowledge in particular the administrative, technical and academic staff in the PESS Department for their support in preparing for this event.

The PESS Department has a unique place in the promotion of Physical Education in Ireland. Many of you reading this will have walked these corridors as graduates of what was initially the National College of Physical Education (NCPE) founded in 1971, that would become Thomond College of Education in 1976, and ultimately leading to the establishment of the PESS Department in 1991. It is in this building that many of the trailblazers for our subject had their first exposure to Physical Education. I have no doubt that they would be exceptionally proud to see the standing of our subject in schools today thanks to the positive impact you are having on students' knowledge, skills, confidence and competence to lead a healthy lifestyle - truly 'Making a Meaning Difference'.

Tá súil agam go mbeidh lá iontach agaibh inniu bailithe le chéile i bhfóram gairmiúil, tacúil ag freastal ar bhur rogha ceardlann. Guím gach rath oraibh agus sibh i mbun oibre inniu.

Brendan O'Keeffe, PEAI President (2023/2024)

Friday, October 4th Castletroy Park Hotel

7:00pm - 7:45pm

Welcome and PEAI Annual General Meeting
(Callaghan Suite, Castletroy Park Hotel)

7:50pm - 8:20pm

Panel Discussion: *Physical Education in Ireland: Past, present & future directions for our subject*

8:15pm - 8:30pm

Michael Darmody Presentation

8:30pm - 10:30pm

Social Event: Finger food, craic agus ceol with guitarist Dan Quigley



Panel (From left to right): Prof. Ann MacPhail, Professor of Sport Pedagogy (Panel Chair); Brian O'Reilly, PE Teacher, Tullow Community School, Carlow; Dr Wesley O'Brien, Senior Lecturer in PE & Coaching Science, UCC; Clodagh O'Halloran (Munster Rugby & PE teacher, St Joseph's Tulla, Clare).

MINISTER'S ADDRESS: Thomas Byrne

Thomas Byrne is a Fianna Fáil TD who was appointed Minister of State at the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media with special responsibility for Sport and Physical Education in 2022. He is the former Minister for European Affairs. He has served as a member of Dáil Éireann from 2007 to 2011, and subsequently since 2016. He was a Senator between 2011 and 2016.



Minister Byrne attended Trinity College Dublin, where he attained a Bachelor of Laws. Before being elected to public office, Minister Byrne qualified as a solicitor in Ireland and as an attorney-at-law in New York State. Minister Byrne married his wife, Ann Byrne, clinical nurse manager and former Meath ladies footballer in September 2006. They live in Meath and have three children, Sinéad, Tomás and Daithí.

Minister Byrne has been more than willing to engage with the PEAI Executive, with regular contact and a genuine desire to listen to the concerns and suggestions of the PEAI community since taking up his role.

KEYNOTE ADDRESS: Tony Weir

"Making a Meaningful Difference: The Evolution of PE in Ireland"

Tony was a Senior Inspector for physical education with the Department of Education since 2004. Prior to his work with the Inspectorate, Tony worked as a teacher of PE, English and ICT for 18 years. Tony received the prestigious Michael Darmody award in 2021 for continuously championing the importance and value of physical education throughout his career in Irish education.



PANEL DISCUSSION: FROM THE PE HALL TO PEAK PERFORMANCE

The final panel discussion of Conference 2024 promises to be a real treat as we get a deep insight into the journeys of elite athletes, their experiences of PE and their journeys from their local club to the highest level. We will have athletes who represented Ireland at the Olympics and Paralympics in Paris this summer. A current PE teacher and recent winner of the Liam McCarthy will also feature in our panel discussion. Multimedia presenter and author Meghann Scully will chair the session.

Details of the panel discussion members will be released over the coming weeks leading up to the conference, so be sure to keep an eye on our social media accounts and website, www.peai.org.



Conference Timetable

8:30am - 9:00am	Registration & Exhibitors: PESS Building
9:00am - 9:10am	Welcome: PEAI President, Brendan O'Keeffe
9:10am - 9:25am	Minister's Address: Minister Thomas Byrne
9:25am - 9:55am	Keynote 1: Tony Weir "Making a Meaningful Difference: The Evolution of PE in Ireland"
10:00am - 11:00am	Workshop 1
11:00am - 11:15am	Tea/Coffee: (PESS Cafe Area)
11:20am - 12:20pm	Workshop 2
12:25pm - 13:15pm	Keynote 2: PE Hall to Peak Performance (Multi Sport Hall, PESS)
13:15pm - 14:15pm	Lunch: (Eden Cafe, UL Main Building)
14:20pm - 15:20pm	Workshop 3
15:20pm - 15:30pm	Closure, Evaluation and Prize Giving

WORKSHOP 1 10:00 - 11:00

TITLE	PRESENTER	BLURB	VENUE
Physical Activity Project - Write up Guidance	Mike Storey Oide	This short presentation will focus on tips gathered from LCPE teachers in regards to structuring the booklet for the PAP. Tips on what to focus on for each section, to bring back to students	Lecture Hall P1-033
Teaching and Learning in LCPE through Personal Exercise and Fitness	Eoin Joy Athena Analytics/UL	I will share my experiences and learnings from teaching Personal Exercise and Fitness in LCPE through integrating theory and practice to help students better understand concepts of LCPE and apply their learning practically.	PEPAYS Room P1-007
LCPE: The Classroom Experience	Deirbhile Ryan Mungret Community College	This workshop will focus on classroom/theory based LCPE lessons. It will explore lesson ideas to address learning outcomes and classroom practices to include in lessons.	P1-031
SCPE: Integrating Digital Technology in PE (Digital Portfolio)	Peter Keaney Our Lady of Mercy College, Beaumont	In this workshop we will explore different ways of incorporating digital technology to record the teaching and learning of our students during their PE lessons. Please bring a device for the session (phone, tablet etc).	Sports Hall PG-031
Planning for the new Junior Cycle PE 135 Course	Julianne Murphy Loreto Community School, Milford	This workshop will provide guidance for teachers in the designing and implementation of the new Junior Cycle PE specification.	Computer Room P1-029
Building towards a CBA in Junior Cycle PE	Brigid Corrigan Oide	Exploring Classroom Based Assessment in the 135 hour JCPE curriculum as active engagement in curriculum-based learning, developing students competence while supporting confidence and appreciation of lifelong physical activity	Physiology Lab PG-050
Implementing the 'Teaching Personal and Social Responsibility' (TPSR) Model into your teaching	JT Deenihan MTU Kerry	This workshop will explore how the TPSR model can and should be used to achieve learning outcomes in JCPE and SCPE curricula and make PE more meaningful for students.	Sports Hall PG-031
Curriculum-Based Rhythmic and Acrobatic Gymnastics for Secondary School PE	Stephanie Spillane Gymnastics Ireland	Gymnastics Ireland aims to promote a new pilot programme designed to highlight the core skills within the secondary gymnastics PE curriculum through Rhythmic and Acrobatic gymnastics. .	Gymnastics/ Dance Studio PG-033
An introduction to the fundamentals of High Jump	Olivia Scully Hahne Athletics Ireland RDO	How to coach the fundamentals of the approach, take-off, flight & landing for High Jump. How to determine the take off leg, how to take a mark, how to build a J curved approach plus drills for the beginner jumper.	Indoor Sprint Track (UL Arena)
Simplifying Programme Design for Strength Training	Andrew Phelan Coláiste Phádraig, Lucan	Practical strategies empowering teachers to help students design effective gym programmes for Section B of their PAP in LCPE.	S&C Suite (PG-008) *Enter on hockey astro side

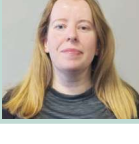
WORKSHOP 2 11:20 - 12:20

TITLE	PRESENTER	BLURB	VENUE
Physical Activity Project - Write up Guidance	Mike Storey Oide	This short presentation will focus on tips gathered from LCPE teachers in regards to structuring the booklet for the PAP. Tips on what to focus on for each section, to bring back to students	Lecture hall P1-033
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Her Moves Hub & Resources	Nora Stapleton Sport Ireland	The hub will have a dedicated page for teachers to avail of useful resources relating to teenage girls and keeping them involved in sport. We have also created resources around the menstrual cycle and sport for schools.	P1-001

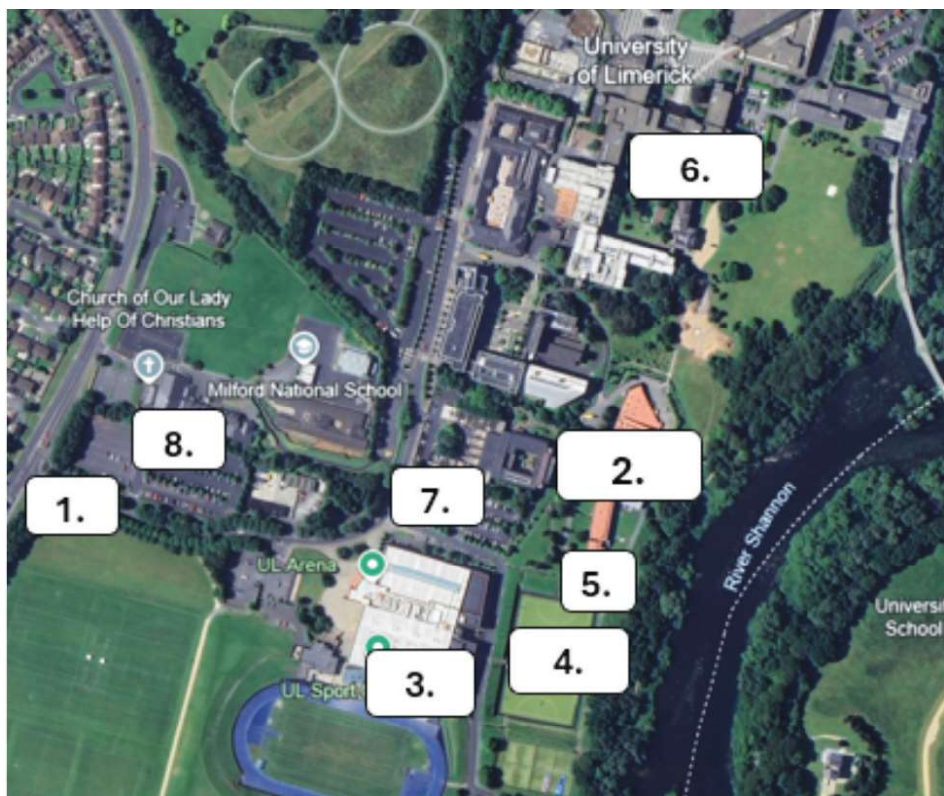
WORKSHOP 3 14:15 - 15:15

TITLE	PRESENTER	BLURB	VENUE
Integrating ICT into Teaching PE	Jimmy Kiernan Luttrellstown Community College	Discover ways to integrate ICT into teaching Physical Education. Content will cover material suited for JCPE as well as SCPE and LCPE.	Biomechanics Lab (PG-043)
Long-term Athletic Development (LTAD) - Mechanics of movement	Rob Mulcahy Setanta College/ University of Limerick	This workshop will outline a method for coaching to young athletes the fundamentals of movements, i.e. change of direction, deceleration, acceleration etc.	Sports Hall PG-031
'The Role of Psychology in Elite Performance: Translating Theory to Practice	Emma Saunders South East Technological University (Waterford)	This workshop will focus on translating theory into practice by focusing on strategies to enhance psychological skills such as confidence, motivation, and concentration.	Lecture hall P1-033
Practical strategies to plan and implement a 3 year SCPE Programme	Daphne Kennington Our Lady of Lourdes, Rosbercon, New Ross	Discover effective strategies for designing and implementing a comprehensive 3-year SCPE programme. Learn practical tips to save time planning each year, engage learners and meet curriculum goals.	Physiology Lab PG-050
Ag múineadh Corpoideachais trí Ghaeilge agus ag múineadh Gaeilge trí Chorpoideachas	Aoife O' Mahony Gaelcholáiste Charraig Uí Leighin	Stratéisí agus achmhainní ar chonas an corpoideachas a mhúineadh trí Ghaeilge le béim ar an teanga Gaeilge freisin	P1-031
Active Minds: Adaptive Exercise for Neurodivergent Youth	Craig Coffee Technological University of the Shannon	Incorporating movement breaks, assisting children in becoming the creator of their own programmes and implementing developmentally appropriate exercise	Indoor Sprint Track (UL Arena)
An introduction to Pickleball	Wayne Fitzpatrick The Racquet Here Ltd	Introducing the rules and game of Pickleball	Sports Hall PG-031
Creative Dance and Movement in the Junior Cycle	Trish Melton Irish Ballet Teachers Association (IBTA)	At IBTA, we believe dance education enhances students' well-being and have developed this Unit of Learning for the Junior Cycle. This workshop explores interactive activities, teaching strategies, and hands-on participation to foster collaboration and creativity.	Gymnastics/ Dance Studio PG-033
Exploring Teaching Games for Understanding within a PE context	Peter Lavin Manister NS/ Oide	Games Based workshop which includes the how, what, where, when and why of a game, the role of questioning and providing opportunities for effective collaboration and evaluating solutions within the context of a game.	Hockey Astro
Setting Up an After School Gym Club	Paddy Stapleton Coláiste Mhuire Co-Ed, Thurles	For the ones that struggle with PE. A simple guide to establishing an after school gym club targeting the cohort of students that struggle with popular sports.	S&C Suite (PG-008) *Enter on hockey astro side

Your 2023/2024 PEAI Executive

	Brendan O'Keeffe President
	Simon Cullen Treasurer
	Gráinne Power Secretary
	Garrett Coyle Executive Committee Member
	Katie McAuliffe Executive Committee Member

	Alan Finnegan Vice-President
	John Murphy Assistant Treasurer
	Aoife O'Mahony Executive Committee Member
	Gráinne Phelan Executive Committee Member
	Peter Keaney Executive Committee Member



1. White Gate Entrance to the University of Limerick
2. PESS Building (Location for most workshops, sports hall & keynotes)
3. Indoor Athletics Track
4. Astroturf
5. S&C Suite (Enter on Astro side)
6. Eden Restaurant
7. Parking 1 (Eir Code = V94 X9VK)
8. Parking 2



Scan here for a digital copy of the Conference brochure and map