



What is CSPPA?

- CSPPA is an all-island physical activity research study.
- Since CSPPA began in 2010, data has been collected from 11,000+ children and young people.

What's involved?

- 25-35 minute online questionnaire for 4th, 5th and/or 6th year students in your school.



What is the purpose?

- To understand young people's participation levels in sport, physical activity, PE and active transport.
- To understand the impact of sport and physical activity on physical, mental and social health.



Benefits of Participation

- ✓ Senior Cycle students, especially those undertaking the LCPE curriculum, will benefit from reading about CSPPA.
- ✓ By completing the survey, Senior Cycle students will experience assessment as a contemporary issue in PE, and its relevance to national and local policy.
- ✓ Schools will receive an individualised report on student's physical activity, sport and PE participation.
- ✓ CSPPA schools will be contributing to the largest physical activity surveillance study on the island of Ireland.

To Get Involved



Complete the Expression of Interest form here;

<https://bit.ly/CSPPAEOI>



Further Information visit:

<https://csppa.ie/>

<https://twitter.com/csppaie>



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