



**Physical Education**  
Association of Ireland

Physical Education Association of  
Ireland (PEAI)

## The Healthy Eating Resource Pack for Post Primary PE Teachers



This free evening workshop will provide PE teachers with an overview of the Healthy Eating Resource pack and where it can be used to enhance their Junior Cycle, Senior Cycle and Leaving Certificate PE programmes. The Healthy Eating Pack contains 9 lesson plans, accompanying PDFs and support material including background information and task cards. This 1 hour workshop will guide teachers through its links to Wellbeing, the PE Shortcourse, JCPE, TY, SCPE and LCPE.

DATE	TIME	VENUE
13/11/19	7.00pm-8.00pm	Kilkenny Education Centre
14/11/19	5.30pm-7.00pm	Silver Tassie Hotel, Letterkenny
18/11/19	5.00pm-6.30pm	Loreto College, Mullingar, Co. Westmeath
18/11/19	6.00pm-7.30pm	Mayo Education Centre
19/11/19	5.00pm-6.30pm	Castleknock Community College
19/11/19	5.00pm-6.30pm	St MacCartans College, Monaghan
20/11/19	5.30pm-7.00pm	Carrick-on-Shannon Education Centre
20/11/19	5.00pm-6.30pm	Tralee Education Centre
21/11/19	5.00pm-6.30pm	O'Fiaich College, Dundalk
21/11/19	5.30pm-7.00pm	Galway Education Centre
21/11/19	6.00pm-7.30pm	Portlaoise Education Centre
26/11/19	5.00pm-6.30pm	Dublin West Education Centre
27/11/19	5.00pm-6.30pm	St Peter's Community School, Passage West, Co. Cork
27/11/19	5.00pm-6.30pm	Wexford Education Centre
28/11/19	5.30pm-7.00pm	Clare Education Centre
28/11/19	5.30pm-7.00pm	Limerick Education Centre

Please book your place via the link on the PEAi website ([www.peai.org](http://www.peai.org)), Facebook or Twitter pages. Places are limited so please book early.

