

CONFERENCE 2015

Developing & Maximising Youth Athletic Potential

How Much of What Should Youth be Doing?

November 21st - 22nd 2015
LIT Sportslab, Thurles, Co. Tipperary

Sponsored by:



DEVELOPING & MAXIMISING YOUTH ATHLETIC POTENTIAL

Expert-led conference

Setanta College and Limerick Institute of Technology are delighted to welcome World Leaders in developing and maximising youth athletic potential. This unique 2-day conference sees some of the most respected Strength and Conditioning coaches, who are members of the National Strength & Conditioning Association (NSCA) in North America join some of Europe's finest coaches and experts in discussing and practically demonstrating how to best nurture the youth athlete.

09:00-17:00 LIT SPORTSLAB - THURLES, CO. TIPPERARY

Speakers include...



Plus...

Robert Linkul
Michael Fennelly

Damien Young
Ian Jeffreys
Gary Schofield
Fergal O'Callaghan

Dale Canavan
Paudie Roche
Mike Martino
Dave Fagan

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