

First Inaugural PE Expo 2015 to take place in Dublin

The first annual Physical Education Exhibition is to take place at Trinity Comprehensive School, Ballymun on Thursday the 30th of April. The event itself will allow Transition year and Fifth year students from around the country to showcase their knowledge and understanding of relevant elements of the theory of Physical Education. The event takes place in association with the Physical Education Association of Ireland (P.E.A.I.), Trinity College Dublin, Dublin City Council, The Herald and Celtic Sports Academy.

The students, with the help from their teachers can enter as individuals or as a group where they will display their projects based on research carried out and are encouraged to do so using creative, innovative and thought-provoking ways.

Some aspects of PE which will be presented on the day include; an insight into athlete diets, the relevance of sports isotonic drinks and their effectiveness, the invention of creative new sports games, the use of fitness testing among young people, the cultural reasons why various students choose certain sports and videos conveying differences in skill and health related fitness components.

The projects will be judged based on their inclusion of aspects such sports science, sports culture, nutrition, the creative use of I.C.T. and the use of cross-curricular elements. One confirmed judge on the day will be Niall Moyna who is University Professor at D.C.U..

The winning project on the day will receive €250 and there are a number of different categories of prizes also including most innovative project and a project which will be taken on board by Trinity College Dublin to develop further.

The event itself will start at 9 a.m. and finish at 3.30 p.m. and will include the showcasing of projects along with judging and also the opportunity of all students to take part in 6 various sporting activities before finally the prizes and awards being presented to all the winning students.

The Minister for Transport, Tourism and Sport, Paschal Donohue will also appear on the day from 11 a.m. to 12 midday.

At the time of going to press there may potentially be 200 + students attending on the day. PE Expo 2015 looks like an event which will allow students to express themselves through the creative use of PE related projects and this is sure to be the start of an exciting next chapter for the exposure of PE in Ireland. Ends.

For further information contact:

Paddy O'Reilly (086) 1743836 email; peexpo1@gmail.com

Facebook; www.facebook.com/pages/PEExpo/421871014656159

Twitter; <https://twitter.com/peexpo1>