IRISH PRIMARY PE ASSOCIATION

PHYSICAL EDUCATION CONFERENCE

Mardyke Arena, Cork 27.02.2016

Select from the following fantastic workshops...

9:00am – 9:45am Registration, Tea, coffee and pastries **9:45am - 10am** Welcome from IPPEA committee				
1 10:00am - 11:10am	**1A** Circuits with a Twist *Susan, Ciara, Fiona & Grace*	**1B** Ultimate Frisbee *Liam Clohessy*	**1C** Fundamental Movement Skills *Eoin Fitzpatrick & Kevin Murray*	**1D** Climbing Wall *Mardyke Staff*
2 11:20am - 12:30pm	**2A** Quality PE for Children with SEN *Kathleen Fitzgerald*	**2B** Ultimate Frisbee *Liam Clohessy*	**2C** Fundamental Movement Skills *Eoin Fitzpatrick & Kevin Murray*	**2D** Climbing Wall *Mardyke Staff*
12:30pm – 1pm Lunch **1pm – 1:30pm** AGM **1:30pm – 1:45pm** IPPEA Award Presentation				
3 1:50pm - 2:50pm	**3A** Child Friendly Skill Development *Eamon Ryan*	**3B** Yoga Gym *Ciara Delaney*	**3C** Athletics *Derek Brennan & Caoimhe Doherty*	**3D** Orienteering *Conchúr Ó Muimhneacháin*
4 3pm - 4pm	**4A** Child Friendly Skill Development *Eamon Ryan*	**4B** Yoga Gym *Ciara Delaney*	**4C** Athletics *Derek Brennan and Caoimhe Doherty*	**4D** Orienteering *Conchúr Ó Muimhneacháin*
Please note... Please bring a change of clothes for all outdoor activities. Choose one workshop from each row 1,2,3,4 above.				

Welcome!

To celebrate the launch of the IPPEA award the theme of this year's conference is ***Promoting the Power of Physical Education***. Each of the varied practical workshops on the day will exhibit and celebrate the value of *quality* physical education. The conference will take place on Saturday 27th of February in the Mardyke Arena, Cork and online applications are now open on our website. Any professionals interested in teaching primary PE can come along to the event. For further information including workshop descriptions and competitions, check out our website

www.irishprimarype.com

REGISTER NOW...

IPPEA CONFERENCE 2016

SATURDAY 27TH FEBRUARY ★ THE MARDYKE ARENA, CORK

LIMITED AVAILABILITY - workshops will fill up fast!

REGISTRATION CLOSES 5PM FRIDAY 26TH FEBRUARY 2016

CONFERENCE FEES

Early Bird €30 by 31st January 2016

€40 from 1st February 2016, Student rate €20

Existing IPPEA members receive a €5 discount!

Fee includes one year's IPPEA membership (valued at €10), light lunch and participant resource folder.

TO REGISTER AND PAY ONLINE

Online registration, payment and workshop selection may be completed through the online payment facility on our website www.irishprimarype.com

TO REGISTER AND PAY BY POST

Please complete the registration form opposite or download a form from the IPPEA website www.irishprimarype.com

Return completed registration forms and conference fees to the address on the form. Cheques should be made payable to IPPEA and all postal registrations will be confirmed by email.

Irish Primary PE Association

Cumann Corpoideachais Bunscoile na hÉireann

CONFERENCE 2016
POSTAL REGISTRATION FORM

Please complete the following and return to:

IPPEA Conference 2016,

c/o Ciara Blennerhassett, Burrow NS, Howth Rd, Sutton, Dublin 13.

Please do not include cash in postal registration. Cheques should be made payable to IPPEA.

NAME	
EMAIL	
SCHOOL DETAILS	
Conference Fee included (please tick as appropriate)	☐ Early bird €30 (by 31st January 2016) ☐ €40 (from 1st February 2016) ☐ Student rate €20 ☐ €5 discount for existing IPPEA members *Fee includes a light lunch and one year's IPPEA membership*

Workshop Choices: Please write letter or title of workshop preference. We will do our best to accommodate your choice on a first come first served basis.

Workshop	1	2	3	4
1st preference				
2nd preference				

Special Dietary requirements if applicable:

CIRCUITS WITH A TWIST

This workshop will take you through a series of fun and active circuits using newspapers, paper-plates, dice, balloons and benches. The circuits can be woven into athletics, gymnastics, dance and games lessons or can be stand-alone lessons to develop health related fitness. Ideas can be adapted to suit a range of classes. This indoor workshop will promote maximum physical activity and muscular strength development.

Presented by Susan Marron, Ciara Blennerhassett, Grace Crowley and Fiona McGreevy
(IPPEA Committee Members)

ORIENTEERING

ORIENTEERS RUN THE COUNTRY

This workshop supports the engagement of children with maps and with physical activity through the medium of orienteering. In this workshop we will introduce a number of progressive steps in nurturing map-reading skills and promoting healthy outdoor activity as part of a broad-based quality physical education programme. The workshop will take place outdoors.

Presented by Conchúr Ó Muimhneacháin
(DES Associate)

IPPEA CONFERENCE CORK 2016

THE LINE UP

CHILD FRIENDLY SKILL DEVELOPMENT AND ACQUISITION

In this workshop legendary cork ladies football manager and former primary school teacher Eamon Ryan will explore how to put the child at the centre of the process of skill development/skill acquisition. Adopting a 'teacher as facilitator' approach, the process of providing positive and accurate feedback will be examined ensuring all players feel worthy, competent and successful. Using practical hurling and football examples, participants will consider how to create a child friendly environment for your games lesson.

Presented by Eamon Ryan
(Cork GAA)

QUALITY PE ACTIVITIES FOR THE CHILD WITH SEN

Kathleen, a PE teacher in a special needs school, has put together a collection of useful practical ideas that have been tried and tested and "work" in PE classes for children with varied special needs. The workshop will include many different activities to improve Sensory Integration for children on the Autistic Spectrum; games, activities and exercises to improve strength, coordination and balance for children with dyspraxia and other special needs. The improvement of posture, gross and fine motor skills will be paramount throughout the workshop.

Presented by Kathleen Fitzgerald (St. Francis Special School, Beaufort, Co. Kerry)

FMS - ACE

Fundamental Movement Skills Accumulations, Combinations, Equipment

Fundamental Movement Skills are basic observable patterns of movement. In this workshop we will focus on maximising our PE time by integrating all three categories of FMS – Stability, Locomotion and Manipulation & Coordination. We will use simple pieces of equipment in imaginative and innovative ways. We will also look at combining the three categories into accumulation drills to enhance and extend our PE classes while also covering all three categories.

Presented by Eoin Fitzpatrick and Kevin Murrary (Bunscoil Rinn an Chabhlaigh, Cobh, Co.Cork)

ULTIMATE FRISBEE

Ultimate Frisbee is a high paced, fun invasion game that requires limited equipment. It is easy to learn and is extremely inclusive of pupils of all abilities. Ultimate Frisbee is unique to many other sports, in that it is self-refereed which encourages students to develop conflict resolution skills. It also promotes a balanced approach to competition as there is an emphasis on sportsmanship and fair play. These values mark it out as an ideal game to introduce as part of a quality PE programme. It's called Ultimate for a reason, so come along and try out this great game and be in with the chance of winning a starter pack for your school!

Presented by Liam Clohessy
(IPPEA Chairperson)

ATHLETICS FOR ONE AND ALL

This workshop presents a variety of simple, easy and practical athletics ideas suitable for Junior classes to Senior Classes. Throwing, jumping, running and having fun all included! Warm up and Fundamental movement activities included.

Presented by Caoimhe Doherty and Derek Brennan
(IPPEA Committee Members)

YOGA GYM

This playful and informative workshop invites you to run, hop, stretch, wiggle, twist and bend! The workshop will be delivered by a primary school teacher who will demonstrate how to present yoga to children through games and child-friendly sequences as part of the Gymnastics Strand. We will explore fun and innovative ways to present gymnastics skills using acro-yoga techniques and group work, before finishing with a guided relaxation practice. By maintaining the element of fun and providing opportunities for self-expression, imagination, and relaxation, classroom yoga breaks could help children to stay alert, calm and receptive throughout the day.

Presented by Ciara Delaney
(IPPEA Committee Member)

THE CLIMBING WALL

The Mardyke Arena Climbing Wall offers an exciting challenge for complete beginners through to serious climbers. Qualified instructors will guide you through the use of all equipment, plus give coaching tips on how to improve your climbing, whether it is your first time or if you have been climbing for years. This fun workshop will highlight the value of the outdoor challenges strand of the PE curriculum as a particularly enjoyable and unforgettable experience for both students and teachers alike.

Presented by the Mardyke Arena Climbing Wall Staff